| Story Book Day PlanGrade Level: 1Book: “Waiting” by Kevin HenkesName: Sophie Henderson |
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| Language Arts | * Writing activity about times they have been waiting
* Go outside and look at the clouds, write about what you see
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| Grade Level Modifications:* Modify down - Write just keywords on what they see
* Modify up - write something more complex
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| Math | * “time” lesson, find out how many days are in a month, how many months in a year, and how many months in a season
* Counting
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| Grade Level Modifications:* Modify up - Intro to data collection, tally’s, and graphing
* Modify down - counting and sorting (which characters are waiting for what)
	+ Basic colour chart
	+ Or how many days are in 3.5 months
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| Science | * Weather tracking. How warm/cold is it in the winter vs. the summer?
* Cloud types - connect to “The Cloud Book” by Tomie dePaola”
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| Grade Level Modifications:* Modify up - Make graphs to monitor the weather, or a weather log. Talk about how weather influences temperatures and seasons. What kind of weather creates different clouds? How does our environment/location influence weather?
* Modify down - Weather observations and predictions
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| Social Studies | * Focus on concepts of community, patience, and waiting
* Discussion, “what are we waiting for?”, “what is waiting?”, “how does waiting make us feel”, “how do you think the pig feels, waiting for the rain?”
* Focus on empathy, and how waiting is a shared experience
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| Grade Level Modifications:* Modify up - What places in the community do we practice waiting?
* Modify down - What do we do while we wait? Can we practice patience, and gratitude? How?
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| PHE | Explain the rules of *Red Light, Green Light*, but add variations to help students practice different types of “waiting.” For example:* *Green Light*: Move freely.
* *Yellow Light*: Walk slowly and carefully, practicing self-control.
* *Red Light*: Stop and “wait” without moving or making a sound.

After several rounds, introduce more challenging “waiting moves,” such as:* \*Freeze like the characters in *Waiting*: Stand still as a specific character (e.g., look up at the sky like the owl or look down at the ground like the pig).
* *Breathe deeply*: When stopped, take deep breaths to calm down and “wait” for the next command.
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| Grade Level Modifications:* Modify down - Keep red light green light and do breathing exercises
* Modify up - Have students move like the characters in the book (flap like an owl, wag like a puppy)
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| Art | * “Waiting Window”
	+ Have students draw a window to what they are waiting for, encourage them to add elements that show their feelings, or whether or not they are excited
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| Grade Level Modifications:* Modify down - Have students draw just one thing they may be “waiting” for
* Modify up - Small booklet of art in whatever medium they want, of what they are “waiting” for
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